

## CLAIMS

1. A kit, comprising:
  - a) a first composition comprising capsaicin or a capsaicin analog; and
  - b) a second composition comprising a substance in which the capsaicin or capsaicin analog is soluble.
2. The kit of claim 1 wherein the second composition comprises a substance in which said capsaicin or analog has a solubility of at least about 10 percent w/w.
3. The kit of claim 1 wherein the second composition comprises a substance in which said capsaicin or analog has a solubility of at least about 20 percent w/w.
4. The kit of claim 1 wherein the second composition comprises a substance in which capsaicin or analog has a solubility of at least about 25 percent w/w.
5. The kit of claim 1 wherein the second composition comprises polyethylene glycol and a polyacrylate thickening polymer.
6. The kit of claim 1 wherein the second composition comprises:
  - a) about 60 to about 99 percent w/w polyethylene glycol (PEG);
  - b) about 0.1 to about 4.0 percent w/w polyacrylate thickening agent; and
  - c) the balance water; wherein the composition is at a pH between about 6.0 and about 8.0.
7. The kit of claim 6 wherein the second composition comprises:
  - a) about 84 to about 94 percent w/w polyethylene glycol;
  - b) about 0.1 to about 2.0 percent w/w polyacrylate thickening agent; and
  - c) the balance water; wherein the composition is at a pH of about 7.0 to 7.5.
8. The kit of claim 7 wherein the second composition further comprises:
  - d) about 0.005 to about 0.05 percent w/w butylated hydroxyanisole; and

- e) about 0.05 to about 0.5 percent w/w edetate sodium.
9. The kit of claim 1 further comprising a third composition, wherein said third composition comprises an anesthetic.
  10. The kit of claim 1 further comprising instructions for use.
  11. The kit of claim 1 wherein the first composition comprises capsaicin or a capsaicin analog at a concentration of about 0.001 to about 60 percent w/w.
  12. The kit of claim 1 wherein the first composition comprises capsaicin or a capsaicin analog at a concentration of about 1.0 to about 10 percent w/w.
  13. The kit of claim 1 wherein the first composition comprises capsaicin or a capsaicin analog at a concentration of about 5 to about 10 percent w/w.
  14. The kit of claim 1 wherein the first composition comprises capsaicin or a capsaicin analog contained in a patch.
  15. The kit of claim 14 wherein the capsaicin or analog is present in the patch at an amount of about 0.64 mg/cm<sup>2</sup>.
  16. A kit, comprising:
    - a) a first composition comprising a patch comprising capsaicin or capsaicin analog at an amount of about 0.64 mg/cm<sup>2</sup>;
    - b) a second composition comprising a cleansing gel comprising:
      - i) about 84 to about 94 percent w/w polyethylene glycol;
      - ii) about 0.1 to about 2.0 percent w/w polyacrylate thickening agent; and
      - iii) about 0.005 to about 0.05 percent w/w butylated hydroxyanisole;
      - iv) about 0.05 to about 0.5 percent w/w edetate sodium; and

v) the balance water; wherein the second composition is at a pH of about 7.0 to 7.7.

17. A composition for cleansing a bodily surface comprising:
  - a) about 60 to about 99 percent w/w polyethylene glycol (PEG);
  - b) about 0.1 to about 4.0 percent w/w polyacrylate thickening agent; and
  - c) the balance water; wherein the composition is at a pH between about 6.0 and about 8.0.
18. The composition of claim 17 comprising:
  - a) about 84 to about 94 percent w/w polyethylene glycol (PEG);
  - b) about 0.1 to about 2.0 percent w/w polyacrylate thickening agent; and
  - c) the balance water; wherein the composition is at a pH between about 7.0 and about 7.7.
19. The composition of claim 18 further comprising a stabilizer.
20. The composition of claim 19 further comprising a cooling agent.
21. The composition of claim 19 comprising:
  - a) about 87 to about 91 percent w/w polyethylene glycol;
  - b) about 0.3 to about 1.5 percent w/w polyacrylate thickening agent;
  - c) about 0.01 to about 0.03 percent w/w butylated hydroxyanisole;
  - d) about 0.02 to about 0.2 percent w/w edetate sodium; and
  - e) the balance water; wherein the composition is at a pH of about 7.0 to about 7.7.
22. The composition of claim 21 comprising
  - a) about 89.08 percent w/w PEG 300;
  - b) about 1.0 percent w/w polyacrylate thickening agent;
  - c) about 0.02 percent w/w butylated hydroxyanisole;
  - d) about 0.1 percent w/w disodium edetate; and

e) the balance water; wherein the composition is at a pH of about 7.5.

23. A method for treating pain in an individual in an area of the body affected by pain, comprising:

- a) administering an afferent nerve fiber blocking regional anesthetic to the affected area;
- b) affixing to the affected area a device, wherein said device comprises a skin-adherent patch, the patch including a reservoir comprising a therapeutic formulation whereby said formulation is continuously provided to the surface of the skin for a predetermined period of time, wherein said formulation comprises capsaicin or a capsaicin analog in a total concentration from greater than about 5% to 10% by weight of the formulation, wherein a single administration of said patch affords significant relief of said pain to said individual for at least several weeks; and
- c) cleansing the area to which the patch of step b) has been applied by
  - i) applying to the area a composition comprising about 80 to about 99 percent w/w polyethylene glycol; about 0.1 to about 2.0 percent w/w polyacrylate thickening agent; and the balance water; wherein the composition is at a pH of about 7.0 to about 7.7; and
  - ii) removing the composition of step (c) from the area.

24. A method for cleansing a bodily surface that has been contacted with an irritating or painful substance, comprising:

- a) applying to the bodily surface a composition comprising:
  - i) about 80 to about 99 percent w/w polyethylene glycol;
  - ii) about 0.1 to about 2.0 percent w/w polyacrylate thickening agent; and
  - iii) the balance water; wherein the composition is at a pH of about 7.0 to about 7.7; and
- b) removing the composition of step (a) from the bodily surface.